



## XHOMANA NATHI

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## UMKHUSELI WAMALUNGELO KANGANGEMINYAKA EYI 45

### UMSEBENZI WETHU NGORHWAPHILIZO NGESONDO

Kwelilizwe lethu elijongene nobhubhane we-GBV (UKUXHATSHAZWA NGOKWESINI) kubalulekile ukuba izakhelo/izakhiwo zomthetho zinike ukhuseleko oluyimfuneko kunye nenkxaso kumakhoba e-GBV. SiyiLRC, singumbutho osekelwe ekukhuseleni amalungelo oluntu, yaye sikubona ukurhwaphilizwa ngesondo njengokuphulwa kwamalungelo oluntu. Ukuyivelela kwinkalo yamalungelo oluntu kubonisa umonakalo ongaphaya: hayi nje ukuthengiselana kwamandla ngesondo, kodwa kukonakaliswa kwamalungelo omntu obandakanya ukungangeni komzimba, ukuzimela, kunye nexabiso elilinganayo lobuntu. Yilento kanye ebeka urhwaphilizo ngesondo ngokucacileyo ngaphakathi kudidi lobundlongela obusekwe ngokwesini, kwaye kufuna ukuba ilungisiwe ngokomthetho nangamaziko.

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## URHWAPHILIZO LWEZESONDO

*Yintoni, ungenza ntoni ngalo, yaye ungacedwa ngubani?*



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## YINTONI UKURHWAPHILIZWA NGESONDO?

Urhwaphilizo ngokwesondo (ukuxhaphathaza ngokwesondo) lubandakanya amalungiselelo e-quid pro quo (into ethi “ina le, usapha le”).

Kukusetyenziswa kakubi kwegunya eliphathisweyo, apho umntu osemgunyeni efuna izezo zesondo okanye ubabalo ukuze ufumane inkonzo, inzuzo, okanye ithuba; ngokusiseko esebenzisa isini njengesinyobo, kwizinto ezifana nemisebenzi, imfundo, uncedo okanye amaxwebhu asemthethweni.

Okukuziphatha kunokuthi kucace ngemiqondiso ethe ngqo, okanye ngendlela engacacanga ncam, apho ixhoba libona ulindelo olungathethwanga oludityaniswe nenkqubela phambili, okanye impumelelo yalo, okanye ukufumana iinkonzo/iizinto/amathuba ezimele zinikezelwe ngokuqhelekileyo.

“Uxhaphazo ngokwesondo (sexual corruption) luhlobo lorhwaphilizo apho kusebenza isondo, endaweni yemali.”

## INDLELA I-LRC ELWANA NGAYO NOKURHWAPHILIZWA NGESONDO

- **Simamela uluntu.** Siza kudibana sithetha thethane ngqo noluntu e-KZN, EC nase-Gauteng ukuqokelela amava aphilayo kunye nokuqonda indlela urhwaphilizo ngesondo okwenzeka ngayo ebomini bemihla ngemihla.
- **Sityhala uxanduva lokuphendula.** Sisebenzisa uphando kunye nenkxaso ukufuna iziphumo ezinyanisekileyo kubenzi bobubi kunye neendlela ezicacileyo, ezikhusela amaxhoba zokuxela uxhathazwa, kuquka ukuqondwa ngokusemthethweni koku rhwaphilizwa ngokwesondo.
- **Sixhasa abasindileyo.** Siza kusebenzisana namaqabane ukomeleza iindlela zokuthumela ukuze abasindileyo bafumane inkxaso ye ngqondo kwaye bangashiywa ukuba bathwale ukwenzakala bodwa.
- **Sigxila apho umngcipheko uphezulu.** Siza kujolisa kumacandelo apho amandla adibana neemfuno, kuquka ii-ofisi zikarhulumente, amafama, iinkonzo zokufudukela kwamanye amazwe, iikliniki—ukuze ukuthintela kunye nokubamba uxanduva kube yinyani kwaye kusebenze.

## IMIZEKELO YOKURHWAPHILIZA NGESONDO

- Igosa likarhulumente lifuna izibonelelo ngesondo ukuze lilungise amaxwebhu okanye linike iimvume.
- Umnikezeli wezempilo ubambe unyango olubalulekileyo kokuba efuna unikeze inzuzo yezesondo.
- Ootitshala basebenzisa igunya labo phezu kwabafundi, ukufuna ukuziphatha ngokwesondo.
- Inkokheli yenkolo/ixhwele lomoya elisebenzisa ukholo lomntu, okanye ucelo loncedo, ukufuna izibonelelo zokwabelana ngesondo, phambi kokugqibela umthandazo okanye isiko egameni lexhoba.

## IINOMBOLO ZONCEDO ZENKXASO NEZIKA XAKEKA

- SAPS Crime Stop 08600 10111
- SAPS emergency number 10111
- Independent Police Investigative Directorate 0800 111 969
- Stop Gender Violence Helpline 0800 150 150 / 011 715 2000
- TEARS Foundation: Toll free 08000 83277  
Emergency line 010 590 5920  
USSD 1347355#
- Sonke Gender Justice: CPT 021 423 7088 / JHB 011 339 3589
- GBV Command Centre: Landline 0800 428 428  
SMS 31531  
Please Call Me \*120\*7867#
- Marie Stopes SA 080 011 7785
- Lifeline SA 0861 322 322
- People Opposing Women Abuse (POWA): Counselling & advice 011 642 4345  
After-hours number 076 694 4911  
Whatsapp 060 400 0669
- Rape Crisis Centre Helpline: English 021 447 9762  
isiXhosa 021 361 9085  
Afrikaans 021 633 9229  
Whatsapp 083 222 5164
- African Women Against Corruption (AWACN) 064 728 9228
- Legal Aid 0800 110 110
- Corruption Watch 0110242 3900 / 082 579 5220
- Commission for Gender Equality 011 403 7182
- Stellenbosch GBV Centre: Phone 021 487 7288  
WhatsApp 063 238 4280